

COMPLEAT® Paediatric

nestlehealthconnect.com.au/products/compleat-paediatric



COMPLEAT® Paediatric

SIZE: 500ml bottle (Carton contains 12 bottles)

Available in 1 flavour:

- Neutral

COMPLEAT® Paediatric is a nutritionally complete 1.2kcal/mL enteral feed with a unique blend of whole foods, suitable for children aged 1 year and above.

COMPLEAT® Paediatric contains familiar food ingredients, such as rehydrated chicken meat, peas, green beans, orange juice from concentrate and peach puree.

COMPLEAT® Paediatric can be used as a sole source of nutrition or as a nutrient-rich base for homemade tube feeding recipes in consultation with your healthcare professional.

Food for special medical purposes. Compleat® paediatric is an enteral tube feed for the dietary management of patients with or at risk of malnutrition. Use under medical supervision. Suitable for use as a sole source of nutrition.

- COMPLEAT® Paediatric is a 1.2kcal/ml enteral feed providing*: 5g Fibre (56% of fibre from peas, green beans, peach and orange); 18g Protein (38% from rehydrated chicken, peas and green beans); 70g Carbohydrates; 25g Total Fat (includes MCT, DHA and EPA); Osmolality: 340 mOsm/kg water, which may help address feeding intolerance
- COMPLEAT® Paediatric is suitable for use via Percutaneous endoscopic gastrostomy (PEG) / Percutaneous Endoscopic Jejunostomy (PEJ) feeding, Bolus feeding and Nasogastric / Naso jejunal feeding.
- COMPLEAT® Paediatric is Halal certified.
- Suitable as a sole source of nutrition*Average per 500ml serving

Clinical indications

Feeding intolerances; developmental disabilities; disease related malnutrition for children greater than 1 year of age; Short bowel syndrome; intractable malabsorption; preoperative preparation of undernourished patients; inflammatory bowel disease; total gastrectomy; dysphagia; bowel fistulae.

Food for special medical purposes. Compleat® paediatric is an enteral tube feed for the dietary management of patients with or at risk of malnutrition. Use under medical supervision. Suitable for use as a sole source of nutrition.

Administration and dosage: Shake well before use. In order to maintain a constant flow, the use of a pump is recommended. Suitable as a sole source of nutrition. Nutritionally complete in: 1-3 years: 700ml* 4-6 years: 929ml* 7-10 years: 1000ml** 11-14 years: 1450ml** 15-18 years: 1800ml**

*excluding Na **excluding Na, K & Cl

Storage and Usage: Store unopened in a cool, dry place. Shake well before use. Once spiked used within 24 hours. Unused portion can be recapped, refrigerated and used within 24 hours.

Contraindications: Unsuitable for those with an allergy to fish or cows' milk protein allergy, and/or galactosaemia.

Precautions: Compleat® paediatric must be used under medical supervision. Suitable for children from 1 year onwards. Do not mix food or medication into the feed. Do not add foods or drugs.

Ingredients

Water, maltodextrin, rehydrated chicken meat 6.9%, rehydrated vegetables 4.3 % (peas 3.8%, green beans 0.54%), vegetable oils (rapeseed, sunflower), milk proteins, peach puree (1.4%), orange juice from concentrate (1.2%), fibres (pea fibre, acacia gum, fructooligosaccharides, inulin), emulsifiers (E472c, E471), MCT oil, minerals (potassium phosphate, calcium chloride, calcium lactate, calcium phosphate, sodium chloride, potassium chloride, magnesium oxide, magnesium citrate, ferrous lactate, zinc sulphate, copper gluconate, manganese sulphate, sodium fluoride, potassium iodide, sodium molybdate, chromium chloride, sodium selenite), fish oil, choline bitartrate, vitamins (C, niacin, E, pantothenic acid, B6, riboflavin, thiamin, A, folic acid, K, biotin, D, B12), stabiliser (E407), taurine, L-carnitine, antioxidant (E304). Gluten Free. UHT sterilised. Packaged in a protective atmosphere.

Nutrition Information

NUTRITION INFORMATION — COMPLEAT PAEDIATRIC			
Nutrient	Units	Per 100 ml	Per 500 ml
ENERGY & MACRONUTRIENTS			
Energy	kJ / kcal	492 / 117	2460 / 585
Fat (38% kcal)	g	5	25
- Saturates	g	1.6	8
- MCT	g	0.7	3.5
- Monounsaturates	g	1.8	9
- Polyunsaturates	g	1.1	5.5
- α-linolenic acid	mg	120	600
- linoleic acid	mg	860	4300
Carbohydrate (48% kcal)	g	14	70
- sugars	g	1.3	6.5
- lactose	g	< 0.05	
Fibre (2% kcal)	g	1	5
Protein (12% kcal)	g	3.6	18
Salt	g	0.14	0.7
MINERALS			
Sodium	mg / mmol	57 / 2.5	285 / 12
Potassium	mg / mmol	150 / 3.8	750 / 19
Chloride	mg / mmol	130 / 3.7	650 / 18
Calcium	mg / mmol	115 / 2.9	575 / 14
Phosphorus	mg	73	365
Phosphate	mmol	2.3	11
Magnesium	mg / mmol	19 / 0.79	95 / 3.9
Iron	mg	1.4	7
Zinc	mg	0.7	3.5
Copper	mg	0.08	0.4

NUTRITION INFORMATION — COMPLEAT PAEDIATRIC			
Nutrient	Units	Per 100 ml	Per 500 ml
Manganese	mg	0.16	0.8
Fluoride	mg	0.096	0.48
Selenium	µg	4.1	20.5
Chromium	µg	2.9	14.5
Molybdenum	µg	6.5	32.5
Iodine	µg	12	60
VITAMINS			
A (RE)	µg	60	300
D	µg	1.7	8.5
E	mg	1.4	7
K	µg	7.2	36
C	mg	5.2	26
Thiamin	mg	0.1	0.5
Riboflavin	mg	0.14	0.7
Niacin	mg	1.2	6
Niacin	mg NE	1.8	9
B6	mg	0.14	0.7
Folic acid	µg	18	90
B12	µg	0.24	1.2
Biotin	µg	2.4	12
Pantothenic acid	mg	0.5	2.5
OTHER COMPONENTS			
Taurine	mg	9.6	48
L-Carnitine	mg	4.8	24
Choline	mg	36	180

Water content: 80 g / 100 ml

Osmolarity: 280 mOsm/l

AU: All values specified are average values. MCT = Medium Chain Triglycerides. RE = Retinol Equivalent. NE = Niacin Equivalent.

All trademarks are owned by Société des Produits Nestlé S.A., Vevey, Switzerland and used under license. ©2025 Nestlé.