KID ESSENTIALS® Nutritionally Complete



SIZE: 800g Cans (Carton contains 6 x 800g Cans)

Available in 1 flavour

- Vanilla flavour

KID ESSENTIALS ® Nutritionally Complete is a nutritionally complete supplement for children aged 1 to 10 years. It is specially formulated to contain the essential macronutrients and micronutrients children need when dietary intake is inadequate.

KID ESSENTIALS ® is a food for special medical purposes specially formulated for medical conditions where nutritional needs cannot be met by diet modification alone. Must be used under the supervision of a healthcare professional.

Features and Clinical Indications

Energy Density = 1.0 kcal/ml = 4.2 kJ/ml

Energy Distribution
- Protein = 12% (50% whey protein and 50% potassium caseinate)
- Carbohydrate = 50%
- Fat = 19%

Nutritionally Complete

No Gluten Containing Ingredients

Contains Dairy

Contains Soy

Contains Fish

CLINICAL INDICTIONS

For times when your child's appetite is poor due to a medical condition, illness or when growth is suboptimal and you need some help filling the nutritional gaps, KID ESSENTIALS may help.

Usage

55g (7 scoops) mixed with 210ml water.

Average Scoop Size = 8g

Preparation:

1/ Wash hands. Follow the dosing table.

2/ Measure clean water (room temperature to maintain probiotic activity) and pour into a clean container.

3/ Measure the desired amount of powder using the scoop in the tin.

4/ Add the powder to the water and immediately stir until thoroughly mixed.

To open, remove cap and foil seal. Keep lid tightly closed.

All prepared products should be tightly covered and consumed within 4 hours at room temperature or within 24 hours if refrigerated. Powder may settle during transportation.

NOTE: Do not change proportions. Follow feeding instructions. Use only enclosed scoop

Storage: Store in a cool dry place and use within 4 weeks of opening.

Ingredients

Vanilla Flavour: Maltodextrin (Corn), Sucrose, Milk Protein (Whey Protein, Potassium Caseinate), Vegetable Oil (High Oleic Sunflower Oil, Rapeseed Oil, Sunflower Oil), Medium Chain Triglycerides, Minerals (Potassium Phosphate, Sodium Phosphate, Calcium Carbonate, Calcium Chloride, Magnesium Chloride, Ferrous Sulphate, Zinc Sulphate, Manganese

Sulphate, Copper Sulphate, Potassium Iodide, Sodium Selenate, Chromium Chloride, Sodium Molybdate), Fibres (Fructo-Oligosaccharide, Inulin), Stabiliser (414), Emulsifier (Soy Lecithin), Flavour (Vanilla), Choline Bitartrate, Food Acid (330), Fish Oil, Vitamins (C, E, Niacin, Calcium Pantothenate, B6, B1, B2, A, Folic Acid, K1, Biotin, D3, B12), Probiotics Cultures (Bifidobacterium Longum, Lactobacillus Paracasei), Taurine, L-Carnitine. Contains Milk, Soy and Fish.

Nutritional Information

KID ESSENTIALS (800g Can)

Serving Size: 55g

Nutrient	Ave Quantity Per 250mL Serve (55g + 210mL water)	Ave Quantity per 100g	Ave Quantity per 100mL Preparation
Energy (kcal)	255	463	102
Energy (kJ)	1067	1940	427
Protein (g)	7.6	13.9	3
Fat (g)	10.1	18.3	4
Saturated (g)	2.6	4.7	
Monounsaturated (g)	5.2	9.5	2.1
Polyunsaturated (g)	1.5	2.7	0.6
Linolenic Acid (g)	1.2	2.2	0.5
α-Linolenic Acid (g)	0.2	0.4	0.1
DHA (mg)	11	20	4
Medium Chain Triglycerides (g)	1.88	3.42	0.75
Carbohydrates (g)	33.4	60.7	13.4
Sugars (g)	13.2	24	5.3
Lactose (g)	<0.22	<0.40	<0.10
Dietary Fibre, Total (g)	1.4	2.5	0.6
Sodium (mg)	124	225	50
Vitamin A (µgRE)	187	340	75
Vitamin B1 (Thiamin) (mg)	0.3	0.47	0.12
Vitamin B2 (Riboflavin) (mg)	0.3	0.48	0.12
Niacin (mgNE)	3.6	6.5	1.4
Folate (µg)	49.5	90	19.8
Vitamin B6 (mg)	0.4	0.7	0.2
Vitamin B12 (µg)	0.6	1.0	0.2
Biotin (µg)	5.2	9.5	2.1
Pantothenic Acid (mg)	1.4	2.5	0.6
Vitamin C (mg)	18.2	33	7.3
Vitamin D (µg)	2.3	4.2	0.9
Vitamin E (mgTE)	2.3	4.2	0.9
Vitamin K (µg)	13.8	25	5.5
Calcium (mg)	209	380	84
Chromium (µg)	7.7	14	3.1
Copper (mg)	0.2	0.4	0.1

Nutrient	Ave Quantity Per 250mL Serve (55g + 210mL water)	Ave Quantity per 100g	Ave Quantity per 100mL Preparation
Iodine (µg)	28	50	11
Iron (mg)	2.6	4.8	
Magnesium (mg)	26.4	48	10.4
Manganese (mg)	0.2	0.4	0.1
Molybdenum (µg)	14	25	6
Phosphorus (mg)	149	270	60
Selenium (µg)	11	20	4
Zinc (mg)	1.8	3.3	0.7
Potassium (mg)	308	560	123
Chloride (mg)	198	360	79
Choline (mg)	66	120	26
Probiotics - L. Paracasei (cfu)	55 million	100 million	22 million
Probiotics - B. Longum (cfu)	55 million	100 million	22 million

cfu: Colony Forming Units