RESOURCE® Crema 2.0



Product

Size: 125g cups. (Contains 4 cups per pickup, 6 pickups per carton. 24 unit per carton.)

Available in 3 flavours

Vanilla flavour
Caramel flavour
Chocolate flavour

RESOURCE ® Crema 2.0 a delicious pudding style energy dense, high protein, low volume oral nutritional supplement. RESOURCE ® Crema 2.0 is ready to consume. Each 125g tub is nutritionally complete and suitable as a sole source of nutrition, which makes it great to provide variety or to be used as an alternative to liquid oral nutritional supplements. Available in a range of flavours.

Aligned with IDDSI^ Level 3 Moderately Thick. This is intended as a guide only and product suitability should be determined at the discretion of the healthcare professional.

^International Dysphagia Diet Standardisation Initiative.

Food for special medical purposes. High protein, high energy dessert which is a nutritionally complete supplement for the dietary management of patientswith or at risk of malnutrition. Suitable for individuals with chewing and swallowing difficulties (dysphagia) with use to be determined at the discretion of the healthcare professional.

Important Notice: Use under medical supervision. Not for parenteral use. Suitable for use as a sole source of nutrition.

ONLY SUITABLE FROM 3 YEARS ONWARDS.

Features and Clinical Indications

Energy Density = 2.0 kcal/g = 8.4 kJ/g

Energy Distribution
- Protein 20% (Milk Protein, Sodium Caseinate, Calcium Caseinate, Whey)
- Carbohydrate 37%
- Fat 43%

Osmolarity = 670 mOsm/l
Osmolality = 1007 mOsm/kg
Water Content = 60ml/100ml
High in protein
2.0 kcal per mL
12.5g protein per 125g serve
250 kcal per 125g serve
High Energy
Halal Certified
Chocolate & Vanilla flavours only are suitable for Vegetarians
No Gluten containing ingredients
Does not contain Soy
Contains Milk

Usage

BEST SERVED CHILLED

Unopened, store in a cool dry place. Once open, recap with the lid, refrigerate and use within 24 hours.

Recommended dosage: 1-3 servings per day as a supplement or as a sole source of nutrition, as recommended by a healthcare professional.

Important notice: Use under medical supervision. Suitable for use as a sole source of nutrition. Only suitable from 3 years onwards. Not for parenteral use.

CLINICAL USAGE:

Malnutrition
Patients with high energy and protein requirements.
Fluid restriction or volume sensitive patients.
Patients with swallowing difficulties / dysphagia - equivalent with IDDSI Level 3 Moderately Thick (as a guide only, usage to be determined at the discretion of the healthcare professional to ensure individual patient suitability and safety.)

Ingredients

Chocolate Flavour: Water, glucose syrup, **milk** proteins (**milk** protein, sodium caseinate, calcium caseinate, whey), vegetable oil (rapeseed), sucrose, cream **(milk)**, cocoa powder (1.3%), thickener (1442), minerals (potassium chloride, potassium citrate, sodium citrate, magnesium citrate, magnesium oxide, ferrous sulphate, zinc sulphate, manganese sulphate, copper sulphate, sodium fluoride, chromium chloride, potassium iodide, sodium molybdate, sodium selenate), emulsifier (471), gelling agent (407), vitamins (C, E, niacin, pantothenic acid, B6, thiamin, riboflavin, A, folic acid, K, biotin, D, B12), flavour, acidity regulators (330, 525).

Contains Milk.

Caramel Flavour: Water, glucose syrup, **milk** protein (**milk** protein, sodium caseinate, calcium caseinate, whey), vegetable oil (rapeseed), sucrose, cream **(milk)**, thickener (1442), minerals (potassium chloride, potassium citrate, sodium citrate, magnesium citrate, magnesium oxide, ferrous sulphate, zinc sulphate, manganese sulphate, copper sulphate, sodium fluoride, chromium chloride, potassium iodide, sodium molybdate, sodium selenate), emulsifier (471), colour (150b, 120, 160a), gelling agent (407), vitamins (C, E, niacin, pantothenic acid, B6, thiamin, riboflavin, A, folic acid, K, biotin, D), flavour, acidity regulators (330, 525).

Contains Milk.

Vanilla Flavour: Water, Glucose Syrup, **Milk** Protein (**Milk** Protein, Sodium Caseinate, Calcium Caseinate, Whey), Vegetable Oil (Rapeseed), Sucrose, Cream **(Milk)**, Thickener (1442), Minerals (Potassium Chloride, Potassium Citrate, Sodium Citrate, Magnesium Citrate, Magnesium Oxide, Ferrous Sulphate, Zinc Sulphate, Manganese Sulphate, Copper Sulphate, Sodium Fluoride, Chromium Chloride, Potassium Iodide, Sodium Molybdate, Sodium Selenate), Emulsifier (471), Gelling Agent (407), Vitamins (C, E, Niacin, Pantothenic Acid, B6, Thiamin, Riboflavin, A, Folic Acid, K, Biotin, D), Flavour, Acidity Regulators (330, 525), Colour (160a).

Contains Milk.

Nutritional Information

RESOURCE® Crema 2.0 (Caramel flavour)
Servings Per Pack: 1
Serving Size: 125g cup

	Unit	Average Quantity per 100g	Average Quantity per 125g
Energy	kJ	837	1046
Energy	kcal	200	250
Fat	g	9.6	12
- Saturated	g	1.7	2.1

	Unit	Average Quantity per 100g	Average Quantity per 125g
- Monounsaturated	g	5.4	6.7
- Polyunsaturated	g	2.1	2.6
Carbohydrate	g	18	22
- Sugars	g	6.2	7.7
- lactose	g	<0.5	-
Protein	g	10	12.5
Sodium	mg	80	100
Potassium	mg	215	269
Chloride	mg	120	150
Calcium	mg	150	187
Phosphorus	mg	120	150
Magnesium	mg	30	37
Iron	mg	1.5	1.9
Copper	mg	0.15	0.19
Zinc	mg	2	2.5
Manganese	mg	0.3	0.37
Fluoride	mg	0.12	0.15
Selenium	µg	11	14
Chromium	µg	6.5	8.1
Molybdenum	µg	15	19
Iodine	µg	15	19
Vitamin A	µg	210	262
Vitamin D	µg	1.6	2
Vitamin E	mg	3.8	4.7
Vitamin K	µg	12	15
Vitamin C	mg	18	22
Thiamin	mg	0.2	0.25
Riboflavin	mg	0.25	0.31
Niacin	mg / mg NE	3.3	4.1
Folic Acid	µg	40	50
Vitamin B6	mg	0.3	0.37
Vitamin B12	µg	0.45	0.56
Biotin	µg	5	6.2
Pantothenic Acid	mg	0.7	0.87