

# CONVERSION CHART

## Resource® ThickenUp® Clear and the IDDSI Framework



New label available from mid 2019

AUSTRALIAN STANDARDS	IDDSI LEVELS	BLUE SCOOPS/SACHETS <sup>^</sup> PER 200mL WATER
NEW LEVEL	LEVEL 1 (SLIGHTLY THICK)	x1 or  x1
150	LEVEL 2 (MILDLY THICK)	x2 or  x2
400	LEVEL 3 (MODERATELY THICK)	x4 or  x4
900	LEVEL 4 (EXTREMELY THICK)	x6* or  x6*

\*For Level 4 Extremely thick liquids, evaluated IDDSI compliant based on Spoon Tilt Test.

It is the responsibility of the person administering Resource® ThickenUp® Clear to ensure that the liquid is mixed to the appropriate consistency.

<sup>^</sup>1 blue scoop/1 sachet = 1.2g

### THE IDDSI FRAMEWORK



900
400
150
NEW LEVEL



Visit [www.iddsi.org](http://www.iddsi.org) or [www.nestlehealthscience.com.au](http://www.nestlehealthscience.com.au)  
For more information please contact your local Nestlé Health Science Account Specialist

Resource® ThickenUp® Clear is a food for special medical purposes for the dietary management of people with swallowing difficulties. Must be used under medical supervision. ® Reg. Trademark of Société des Produits Nestlé S.A. Nestlé Healthcare Nutrition, a division of Nestlé Australia Ltd, 8 Nexus Court, Mulgrave VIC 3170, Australia.  
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